



# LUXIA ISLAND

Summer 2021

Are you in need of true peace and a break away from your daily life so you could concentrate only on yourself and spirituality? During summer 2021 we offer you retreats to meditation/self-development on a magnificent cliff island in the Turku archipelago. True quality time with yourself in the most beautiful summery surroundings.



**We warmly welcome you to join us in relaxation and strength gathering**

Eija and Patrick welcome you to a retreat of tranquility and self-development with full board. Luxia Island is a big, beautiful island with cliffs and junipers where everyone can find their own nook to calm down and concentrate on themselves. It takes about 2 hours by boat to reach the island but there will surely be plenty of beauty to admire for the whole boat ride! It's not for nothing that Turku Archipelago is praised to be Finland's most beautiful archipelago. We depart from Kasnäs harbor on Kimitoön Thursday afternoon at 5 pm and return to the same place on Monday forenoon around 11 am. The more specific instructions will be given to you when you reserve your place on the retreat.

The accommodation alternatives are either in the guesthouse in rooms with two beds or on Jupiter boat that has four cabins of different sizes. The retreat comprises of personal guidance: guided meditations, recipes, a healing, and also a personal reading. You also have the possibility to participate in yoga and/or qigong. The program includes a herbal sauna every night and tasty vegetarian meals. We are also ready to listen to your wishes for a dream retreat.

The price for the retreat including transportation is 660€ (inc, VAT 24%). You only need to bring your personal stuff, all else can be found on the island. The island is equipped with pretty luxurious "cabin" equipment: five eco-toilets, three showers, and freshwater from our own well. The beautiful rooms invite you to rest and quiet down. Likewise, the many cliff nooks and flowering water-lilies at the Buddha bond give delight and calm you.

**Retreats this summer: 10.-14.6., 1.-5.7., 15.-19.7., 29.7.-2.8., 12.-16.8., 26.-30.8., 9.-13.9.2021**

There is place for only 10 participants for each retreat.

Please sign up for a retreat at [starpeth.fi](http://starpeth.fi),  
by email [portaluxia@gmail.com](mailto:portaluxia@gmail.com) or by phone Eija +358 44 2109 350.

**[www.starpeth.fi](http://www.starpeth.fi)**